



Central Alberta
**PREGNANCY
CARE CENTRE**



AGM Report 2018/2019

Big Decisions Have Big Questions You Have A Choice

Mission Statement

To offer support and education in a loving environment to individuals and families impacted by pregnancy and its effects.

Vision Statement

We envision Central Alberta as a community that honors every life through the restoration and transformation of individuals to wholeness.

Thank you to our Board of Directors for your wisdom and dedication:

Ian Hartley – *Board Chair*

Robert Opoku – *Vice Chair*

Greg Wiens – *Treasurer*

Alma Funk – *Secretary*

Suzanne Greenwood - *Director*

Donna Ellerby – *Director*

Robert Kelham – *Director*

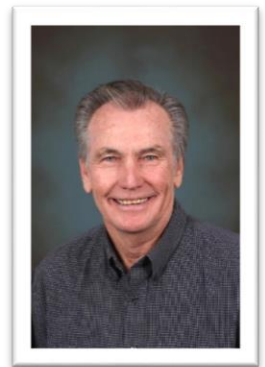
Ross Helgeton - *Director*

Lola French – *Vice Chair 2017 to 2019*

A Message from the Board Chair

Last year Dick Thiessen, the former Board Chair, commented on the remarkable unity that is evident between Board Members and also between the Board and the Executive Director. I wish to confirm his observation. The purpose of the CAPCC Board is to facilitate an environment in which the Executive Director and staff can thrive in achieving the organizational strategic plan. We take this responsibility seriously.

With the implementation of Phase 2 of the Aerie Maternity Home Program, the staff have continued to modify and strengthen the program including the addition of new programming components, evaluation tools, and an updated staffing model. This program is the first of its kind for a Pregnancy Care Centre in Canada and staff have been able to share insights and learning with several other Centres.



At this AGM we have two key Board Members who have completed their term, the treasurer and the secretary. We will certainly miss Greg and Alma but we draw our courage from the certain knowledge that God will supply others to take up the traces they leave open.

This year we experienced an operating loss for the first time in many years. At the same time we are mindful of the generosity of our supporters and the faithfulness of God so we are of good courage. In anticipation of this loss, the CAPCC leadership team developed a detailed fund development plan with a diverse set of strategies and donor cultivation initiatives to ensure the ongoing financial well being of the Centre.

By God's grace we minister together for His glory and our joy.

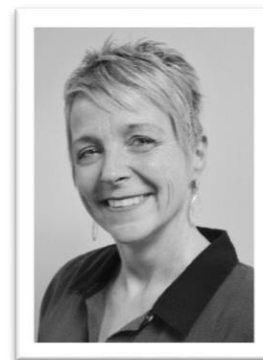
Pastor Ian Hartley,
Board Chair

A Message from the Executive Director

Thanks to you we are celebrating 31 years serving the community in Central Alberta...31 years!!!

Thanks to ALL of you, men and women facing an unplanned pregnancy and its effects can have access to accurate information to make a well-informed choice. They can experience unconditional love, a reflection of God's heart, and His mercy and grace.

Thanks to you there's much to celebrate!



This last fiscal year we have experienced a full year of operation serving women and families as a UNIQUE all encompassing facility. We offer services from the time our clients are impacted by an unplanned pregnancy. We are given the opportunity to equip and support them no matter the outcome, and to offer access to safe and stable housing to set them up for successful parenting. It is an honour to walk beside these individuals and to support and encourage them along the way.

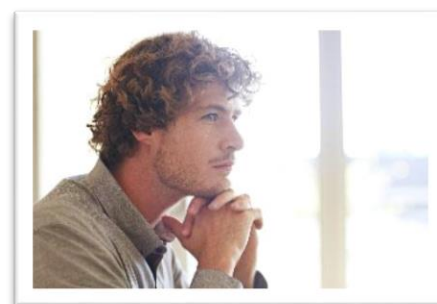
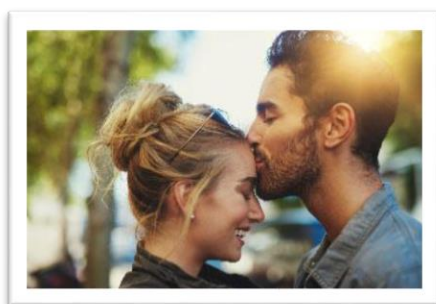
This growth has required tremendous support from the community in terms of volunteer hours, finances and prayer. We celebrate your ongoing support that allows us to continue to expand our services. We celebrate that you value our work and the clients we serve not only in Red Deer, but also in Olds, Rocky Mountain House, and soon Drumheller and Stettler. Because we agree that- NO ONE SHOULD BE LEFT UNREACHED, NO ONE LEFT ALONE, NO ONE LEFT WITHOUT EXPERIENCING GOD'S HEART in the difficult circumstances of an unplanned pregnancy or after an abortion.

It seems that the topic of ABORTION has been at the forefront of political debates and conversations this last year. We want to have more conversations. We want to continue to build bridges, not walls, around the issue of unplanned pregnancy and abortion.

I am honored to have so much to celebrate with you and am looking forward to what lays ahead.

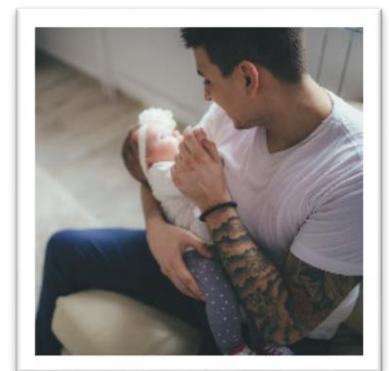
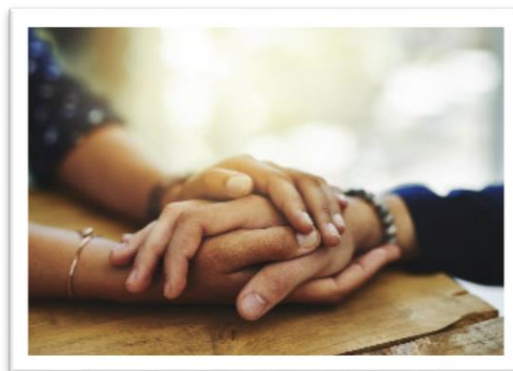
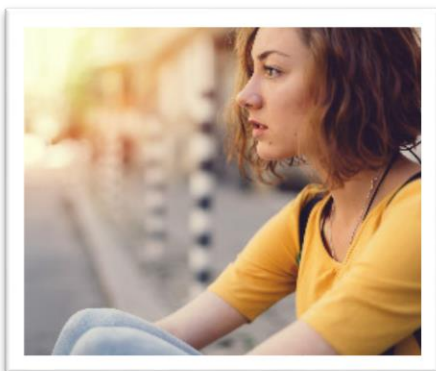
THANK YOU!

Anne Waddell,
Executive Director



Central Alberta Pregnancy Care Centre History

1988	Date of incorporation
1989	Doors of the Red Deer Crisis Pregnancy Centre opened at 4820 Gaetz Avenue, Red Deer
1993	Name changed to Central Alberta Pregnancy Care Centre
2008	Moved to 4610 48 Avenue, Red Deer
2013	Celebrated 25 th Anniversary of the CAPCC
2014	Opened first satellite office in Olds, AB
2015	Celebrated the grand opening of Phase 1 of the Aerie Maternity Home
2016	Ground breaking of Phase 2 of new Red Deer office & Aerie Maternity Home Opened second satellite office in Rocky Mountain House, AB
2017	Moved to 5116 47 Street, Red Deer
2018	Celebrated the 30 th Anniversary of the CAPCC
2019	Winner of the Red Deer & District Chamber of Commerce Not for Profit Business of the Year Award



Maternity Home Program

This past year has continued to be a time of learning and growth for the Maternity Home Program.

The Maternity Home is divided into two separate phases. Phase 1 of the home has space for four clients who are either expecting or have an infant between the ages of 0-6 months. In Phase 1 of the program, residents work on gaining life skills such as budgeting, meal planning, cooking, and self-care. They also learn parenting skills which include learning to build healthy attachments with their babies, infant care, and safety. This prepares them to move forward in an independent living setting. Phase 2 has seven fully furnished suites for clients who have successfully completed Phase 1 of the program. Phase 1 has been consistently full with a waiting list since May 2018 and Phase 2 was at full capacity since November 2018. The program saw its first graduates through the summer of 2019 with three residents and their children moving out of the program and pursuing employment in the community. In 2019, thirteen young women and twelve infants/toddlers have been supported by this program.

All clients in Phase 1 participate in a variety of programs at the Centre. These include such programs as Earn While You Learn, Steps to Sexual Health, and Post Abortion Recovery Education. The residents of Phase 2 have greater flexibility in their schedule as they learn to balance their time between school, managing their home, and being a mom. All clients meet with staff on a regular basis for goal setting, planning and support.

The Maternity Home Director has looked for creative ways to provide nutritious food to the clients in the home. Because of this, the decision was made to create a garden space on part of the property. This will allow the residents to learn how to grow and harvest their own produce. The garden project had its first year this summer with a lot of time and effort spent by a dedicated team of volunteers to prepare the space. The first harvest happened this fall and the team is excited about the possibilities for next year.



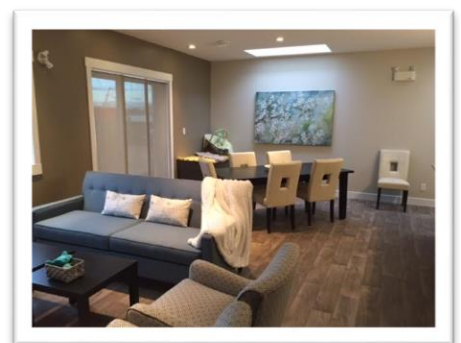
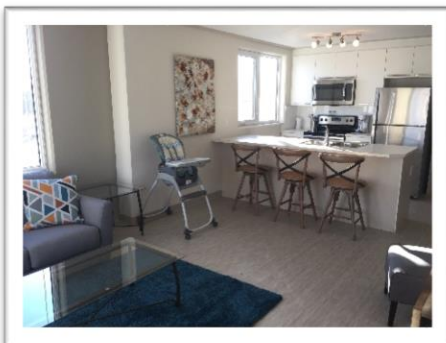
The Aerie

**A nurturing home,
supporting healthy pregnancy
and positive parenting.**

pregnancycare.ca

**24 Hour
Help Line**
403.343.1619

 **Central Alberta
PREGNANCY
CARE CENTRE**



CAPCC Programs & Services

All services are completely FREE and CONFIDENTIAL.

- ❖ Pregnancy tests
- ❖ Information about pregnancy, abortion procedures and risks, parenting and adoption
- ❖ 24 hour help line
- ❖ Male mentorship
- ❖ Prenatal education
- ❖ Baby and maternity clothing
- ❖ Steps to Sexual Health program
- ❖ Referrals for medical care and community resources
- ❖ Post-abortion support
- ❖ Post-adoption grief support
- ❖ Miscarriage grief support
- ❖ Earn While You Learn
- ❖ 24/7 Dad program
- ❖ Maternity Home*

*Maternity Home residents contribute financially to the program as they are able as program fees

Total Client Visits

1,772

Total New Clients

396

Volunteer Hours

14,942

THANK YOU

Thank you to all of our donors. Our staff, volunteers, and Board of Directors are extremely grateful for the contributions you have made to the work of the Central Alberta Pregnancy Care Centre. Without you, none of this would have been possible.



**Central Alberta
PREGNANCY CARE CENTRE**